



# Englewood Flyer

January 4, 2018

## December Character Trait: Caring

In the month of December these students were recognized by their peers and teachers as demonstrating the trait of Caring.

Rm 1 Jaidynn G  
 Rm 2 Christian A  
 Rm 3 Frances V  
 Rm 4 Mathias W  
 Rm 5 Faith D  
 Rm 7 Karrson H  
 Rm 8 Maram A  
 Rm 14 Addison L  
 Rm 15 Chloe R

Rm 16 Danika M  
 Rm 17 Vicky P  
 Rm 18 Asher L  
 Rm 19 Angel M  
 Rm 20 Charlie T  
 Rm 21 Ellia D

P.E. Francisco L (Rm 16)  
 Library Paulo B (Rm 14)



In January the character trait is Fairness. Look for the students recognized as demonstrating Fairness on the bulletin board in the 2nd floor hallway.

## Important Dates

### January

- 15 No School-Martin Luther King Day
- 16 Hat Dress up day
- 16 PBIS Assembly 1:15
- 25 Family Bingo night 6:00
- 26 No School-Staff development day
- 29 Jump Rope for Heart Assembly 10:00
- 30 Rooms 15, 20, 21 Concert Performance

## Coin Collection Results

We ended up collecting \$168.99.

The top classes were Mr. Lutz, Mrs. Shamel and Ms. Kuenzi.

Thank you for your generosity in helping the Emaa Da Drummers of the Early College High School Teen Parent Program.



## From the Counselor's Desk

You might have made a New Year's resolution to get more healthy and fit. Joining a gym would be a start, but is not the key to success. Growth Mindset authors Annie Brock and Heather Hundley title a chapter "A Goal Without a Plan is Just a Wish" (Growth Mindset Coach, 2016). To make a big change, you will have to plan its achievement. You will need grit.

I took a long drive over winter break. Somewhere along the way, I heard on the radio someone talking about the concept of grit. If you remember the old John Wayne movie (or the more recent Cohen Brothers rendition) *True Grit*, a young girl demonstrates what it means to be gritty. Her grit led some reluctant adults into helping to resolve a problem. Grit means to find a deep dedication and will to achieve a goal, despite failures, setbacks, delays, and at times dislike of the activity.

Goals must be well defined. A well-planned goal includes the process used to get to the desired outcome. Your goal should tell what, where, when and how. "I want to lose 20 pounds this year" is not a good example. Gritty, successful people understand that it will not happen without time and effort. A Swahili proverb says it this way: "Haba na haba na hujaza kibaba (little by little the measure is filled)." Ghandi said, "Every worthwhile accomplishment has a beginning, a struggle, and a victory." Instill this in your kids through helping them set goals, role modeling, encouragement, and equipping with an attitude that failure is fuel to improve rather than a reason to give up.

## Practicing Lockdown Procedures

State law requires schools to conduct two lockdown drills per year. Schools will be conducting a lockdown drill within the first two weeks after winter break. These drills will not be a simulation of a threat and are not intended to scare students. We do want students to take the drills seriously so they are familiar with lockdown routines and procedures.

If you have safety concerns, or notice any gaps in our security, please tell the school principal. As parents, you have a valuable perspective that can help improve safety procedures. As gaps are identified, we will continuously refine and improve our lockdown procedures.